



TEAM THANET

Speedo Development Meet

Safety and Security Guidelines

for Swimmers, Coaches, Officials and Spectators

Starts: It is the responsibility of the competitors, coaches and clubs, to ensure that all swimmers are competent to the standard of the Swim England competitive start award, to perform a shallow racing dive into the water. In the event of a false start, swimmers should perform a safe entry with a shallow racing dive and not fall into the water. Swimmers are reminded that they are permitted to start in the water for all events, but must advise the referee of this prior to the start of their heat.

Warm up: During the warm-up, swimmers and coaches must ensure that they (and swimmers in their charge) take no action that would endanger themselves or others. The instructions of Pool Lifeguards or others in authority must be obeyed immediately.

Safety: Everyone attending the event must familiarise themselves with the location of the emergency exits, which must be kept clear at all times. Due to limited space poolside everyone is asked to observe all normal precautions in the pool area and when moving around the sports centre, to ensure their own safety and that of others. Anyone observing anything they consider to be a safety hazard must report it to the Gala Promoter. The pool depths are **+2m** at the starting end of the pool and **1m** at the shallow end of the pool.

Attire: All swimmers must wear suitable footwear and tops when in the stewarding area or when leaving poolside.

Behaviour: The organisers and the pool management reserve the right to remove any swimmer or spectator from the pool area whose behaviour is either against the pool rules or the efficient running of the gala. Stewards will be patrolling the sports centre and anyone found causing damage or seriously misbehaving, will be banned from the gala and refused entry to the building.

Security: Competitors are advised not to leave their belongings unattended and to ensure valuables are placed in a locked locker or deposited with someone for safekeeping. Neither Thanet Swim Club nor the Pool Management will be held responsible for property that is lost.

Litter: Competitors and spectators are asked to place all litter in the receptacles provided and not to leave it on the floor, particularly in the spectator gallery, where it may become a safety hazard.

Any situation not covered by the meet rules and information, will be at the discretion of the Gala Promoter, who also reserves the right to make any changes that may be considered necessary for the smooth running and discipline of the gala.